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|  | **Answer in my own words** | **Self Check** |
| What am I supposed to do for this assignment? |  | How clearly do I understand what is required?  *Very Clear --- Fairly Clear ---Very Confused* |
| What is the point of this assignment? |  | How clearly do I understand the purpose?  *Very Clear ---Fairly Clear ---Very Confused* |
| What are the criteria of quality for this assignment? |  | How clearly do I understand the criteria?  *Very Clear ---Fairly Clear ---Very Confused* |
| What have I done well in light of the criteria? What do I understand well? |  | How well have I done?  *Very Well---Fairly Well ---Not Well* |
| What needs improvement in light of the criteria? What don’t I understand well? |  | How well have I assessed my need to improve?  *Very Well---Fairly Well ---Not Well---N/A* |
| What will I do to improve this? |  | How useful is my action plan?  *Very Well---Fairly Well ---Not Well---N/A* |